



*Aberchirder & District Community Association  
Quality of Life & Fitness Centre  
McRobert Park  
Aberchirder*



**APPLICATION FOR GYM MEMBERSHIP**

Full Name of Applicant (Mr, Mrs or Miss).....

Address.....

.....

Postcode.....

Date Of Birth.....

Telephone number/s.....

Email address.....

**Deposit for key £10 CASH ONLY refundable on cessation of membership**

**Two passport sized photographs (3cm x 4cm maximum) to be supplied**

<b>ORDINARY MEMBERSHIP</b>	<b>£60 PER YEAR</b>
<b>JOINT MEMBERSHIP</b>	<b>£100 PER YEAR</b>
<b>STUDENTS</b>	<b>£40 PER YEAR</b>
<b>SENIOR CITIZENS</b>	<b>£40 PER YEAR</b>
<b>JOINT MEMBERSHIP</b>	<b>£70 PER YEAR</b>

Cheques made payable to **Aberchirder & District Community Association.**

All payments to be sent to: **Linda Farquhar  
3 Corskie Drive  
Aberchirder  
AB54 7TZ**

**Any queries please contact Linda on 01466 780512 or 07977207938  
Or email: linda@lfarquhar7.orangehome.co.uk**

*If accepted for membership, I agree to abide by the Gym's Constitution and rules*

Applicant's Signature..... Date .....

Accepted by the Gym Committee ..... Date .....



# ABERCHIRDER & DISTRICT COMMUNITY ASSOCIATION

## QUALITY OF LIFE & FITNESS CENTRE

The Fitness Centre is run purely on a volunteer basis, with a qualified instructor available by appointment to give free induction courses on use of the fitness equipment.

Full membership is open to anyone over 18 years old

The Pavilion has a security door access system and the fitness centre can normally be used Monday to Friday from 8.30am till 9.30pm and Saturday/Sunday from 8.30am till 5.00pm.

Occasional events may mean the centre will be closed on certain days or evenings during the year.

### **SOME HEALTH & GROUND RULES**

- If in doubt about your fitness to exercise please consult your doctor. No responsibility will be taken by the club regarding health matters whilst using the gym. If in doubt when exercising, **STOP**.
- All new members are required to undertake a course of induction unless it can be clearly demonstrated that he/she has suitable experience of the available equipment.
- The use of all gym equipment is at the users own risk.
- Full membership available only to over 18's
- Guests are not permitted to accompany visitors without prior consent of the Gym Committee. Permission will only be granted in special circumstances.
- All members, on application, are required to complete an application form and provide 2 passport-sized photographs.
- On payment of the appropriate fee, Members will be issued with a key and a membership card bearing their photograph. The membership card must be carried and available for inspection at each visit to the Fitness Centre.
- Abuse or misuse of membership or equipment will result in disqualification from the Fitness Centre.
- Clothing should be appropriate/modest – footwear must be designed for indoor use only, top half of body must be covered and appropriate shorts or leggings worn.
- Members must ensure that any music played for their own enjoyment does not disturb other users.
- Gym equipment must be wiped down after use.
- Referee's shower is for use by all members; please leave it clean and tidy after use.
- Personal effects are the responsibility of the owner; the Community Association will not be responsible for any loss or damage.
- Membership will be on annual basis only renewal date 1<sup>st</sup> May.
- Members must read the Fire Action Notice.