



*Aberchirder & District Community Association
Quality of Life & Fitness Centre
McRobert Park
Aberchirder*



APPLICATION FOR GYM MEMBERSHIP

Full Name of Applicant (Mr, Mrs or Miss).....

Address.....

.....

Postcode.....

Date Of Birth.....

Telephone number/s.....

Email address.....

Deposit for key £10 CASH ONLY refundable on cessation of membership

Two passport sized photographs (3cm x 4cm) maximum to be supplied

<i>ORDINARY MEMBERSHIP</i>	<i>£65 PER YEAR pro rata</i>
<i>JOINT MEMBERSHIP</i>	<i>£110 PER YEAR pro rata</i>
 <i>STUDENTS</i>	 <i>£45 PER YEAR pro rata</i>
 <i>SENIOR CITIZENS</i>	 <i>£45 PER YEAR pro rata</i>
<i>JOINT MEMBERSHIP</i>	<i>£70 PER YEAR pro rata</i>

Cheques made payable to **Aberchirder & District Community Association.**

All payments to be sent to: **Linda Farquhar**
 3 Corskie Drive
 Aberchirder
 AB54 7TZ

Any queries please contact Linda on 01466 780512 or 07977207938
Or email: l.farquhar13@btinternet.com

If accepted for membership, I agree to abide by the Gym's Constitution and rules

Applicant's Signature..... Date

Accepted by the Gym Committee Date
--

ABERCHIRDER & DISTRICT COMMUNITY ASSOCIATION

QUALITY OF LIFE & FITNESS CENTRE

The Fitness Centre is run purely on a volunteer basis, with a qualified instructor available by appointment to give free induction courses on use of the fitness equipment.

Full membership is open to anyone over 18 years old

The Pavilion has a security door access system and the fitness centre can normally be used Monday to Friday from 8.30am till 9.30pm and Saturday/Sunday from 8.30am till 5.00pm.

Occasional events may mean the centre will be closed on certain days or evenings during the year.

SOME HEALTH & GROUND RULES

- If in doubt about your fitness to exercise please consult your doctor. No responsibility will be taken by the club regarding health matters whilst using the gym. If in doubt when exercising, **STOP**.
- All new members are required to undertake a course of induction unless it can be clearly demonstrated that he/she has suitable experience of the available equipment.
- The use of all gym equipment is at the users own risk.
- Full membership available only to over 18's
- Guests are not permitted to accompany visitors without prior consent of the Gym Committee. Permission will only be granted in special circumstances.
- All members, on application, are required to complete an application form and provide 2 passport-sized photographs.
- On payment of the appropriate fee, Members will be issued with a key and a membership card bearing their photograph. The membership card must be carried and available for inspection at each visit to the Fitness Centre.
- Abuse or misuse of membership or equipment will result in disqualification from the Fitness Centre.
- Clothing should be appropriate/modest – footwear must be designed for indoor use only, top half of body must be covered and appropriate shorts or leggings worn.
- Members must ensure that any music played for their own enjoyment does not disturb other users.
- Gym equipment must be wiped down after use.
- Referee's shower is for use by all members; please leave it clean and tidy after use.
- Personal effects are the responsibility of the owner; the Community Association will not be responsible for any loss or damage.
- Membership will be on annual basis only renewal date 1st May.
- Members must read the Fire Action Notice.